



AVIATION MEDICAL REPORT

PERSONAL INFORMATION										
1. Name:	Surname					First name(s)				
2. Postal address						Postal code				
3. Telephone numbers	During office hours			After hours			Cellular			
4. Date of birth (dd/mm/yyyy)						5. Eye colour				
6. Hair colour					7. Gender					
8. Nationality					9. Occupation					
FLIGHT MEDICAL INFORMATION										
1. Identity/ passport number					2. Licence number					
3. Medical class applied for					4. Licence type					
5. Flight time			6. Type of flying intended			7. Previous medical examination				
Last 6 months	Last 12 months	Total	Recreation	Business	Career	Doctor	Date			
Previous restrictions/ protocols				Medication used previous 3 months: (name and dosage)						
SANDF	1. Number	2. Rank		3. Previous medical classification			4. Arm of service, unit, station			
MEDICAL HISTORY										
<i>Kindly mark the applicable block. If yes please provide complete details below. If the space is insufficient, add supplementary notes on separate sheet.</i>										
Family history			Y	N				Y	N	
1. Heart disease or high blood pressure					13. Dizziness or unsteadiness					
2. Epilepsy or convulsions					14. Unconsciousness (for any reason)					
3. Glaucoma or blindness					15. Head injury or concussion					
4. Diabetes/sugar sickness					16. Epilepsy or fits of any kind					
5. Mental illness					17. Any other neurological disorder					
Have you ever been					18. Any mental/psychological disorder					
6. Refused insurance on medical grounds					19. Suicide attempt					
7. Refused a flying licence, or grounded					20. Eye or vision trouble other than specs					
8. Convicted of a civil / criminal offence					21. Motion sickness requiring treatment					
9. Medically rejected for military service					22. Hearing or speech disorders					
Since your last medical, have you been					23. Hay fever or allergy					
10. Admitted to hospital					24. Asthma or lung disease					
11. Involved in a vehicle/aircraft accident					25. Tuberculosis or pneumonia					
Have you ever had / do you now have					26. Heart disease or high blood pressure					
12. Frequent or severe headaches					27. Chest discomfort, pain / palpitations					
					28. Heart murmur / valve problem					
					29. Any blood or thyroid disorder					
					30. Heartburn/ frequent indigestion					
					31. Stomach, liver / intestine problem					
					32. Bleeding from the rectum					
					33. Kidney stone/ blood in urine					
					34. Sugar or protein in the urine					
					35. Diabetes (sugar sickness)					
					36. Muscle, bone or joint problems					
					37. Prostate/ Gynaecological problems					
					38. STD, excluding HIV					
					39. Malignant tumour or cancer					
					40. Weight loss (without dieting)					
					41. Malaria/ other tropical disease					
					42. Any other illness or injury					

Safety promotion – please state							
43. Number of cigarettes smoked daily		46. Type and number of alcoholic drinks used weekly					
44. Number of years that you have smoked		47. Drugs or other substances previously used					
45. Date that you stopped smoking		48. Whether you have had a blood test for HIV (no need to provide the result of the test)		Y		N	

REMARKS

Aviation Medical Examiner to comment in full on all items marked YES. Please attach additional pages if space is insufficient

MEDICAL TREATMENT SINCE LAST EXAMINATION

Date of medical treatment	
Name of medical practitioner	
Diagnosis/ reason for treatment	

NOTICE

Any person who makes, either orally or in writing, a false or misleading statement in or in connection with any application for a licence, certificate or rating issued under these regulations or any return furnished in accordance with any requirement of these regulations, shall be guilty of an offence. (Civil Aviation Regulations (CAR), Part 185.001.1 (1) (di – dii))

DECLARATION BY APPLICANT

I hereby certify that all statements made by me in this examination form are complete and true, to the best of my knowledge, and I hereby agree –

- That they are to be considered part of the basis of issuance of any medical certificate to me; and
- That all medical records must be released to the CCA or appointed delegate if so requested by the CCA.

SIGNATURE OF APPLICANT	NAME IN BLOCK LETTERS	DATE
SIGNATURE OF AME (AS WITNESS)	NAME IN BLOCK LETTERS	DATE

PHYSICAL EXAMINATION

1. Mass		2. Height				
3. BMI		4. Pulse				
5. Blood pressure (sitting)						
6. Urinalysis		pH	Sugar	Protein	Appearance	Blood
	Normal					
	Abnormal					

Mark appropriate column	N	ABN	Mark appropriate column	N	ABN	Mark appropriate column	N	ABN		
7. Head, face, scalp and neck			13. Heart			19. Lower limbs				
8. Nose and sinuses			14. Vascular & lymphatics			20. Spine & musculo-skeletal				
9. Ears and eardrums			15. Abdomen			21. Skin				
10. Valsalva (patent bilaterally)			16. Genito-urinary system			22. Identifying body marks				
11. Romberg			17. Neurological system			23. Psychological evaluation				
12. Lungs, chest and breast			18. Upper limbs			24. Any other problems				
DESCRIPTION OF FINDINGS (<i>Describe every abnormality in detail. Attach additional pages, if necessary.</i>)										
VISUAL EXAMINATION										
History	Y	N	10. Distance vision			11. Intermediate vision		12. Near vision		
1. Exam performed by AME			Uncorrected	Corrected	Uncorrected	Corrected	Uncorrected	Corrected		
2. Spectacles used regularly			Both							
3. Contact lenses used regularly			Right							
Examination			Left							
4. Orbit and adnexae			13. Phorias			14. Colour vision				
5. Eye movements			Distance vertical		Test used	Number of plates	Number correct			
6. Visual fields			Distance horizontal							
7. Near point of convergence			Near vertical		Lantern test previously performed? State date and result					
8. Pupils			Near horizontal							
9. Fundoscopy			15. Previous eye surgery performed – state date and procedure							
AUDIOGRAM (dB hearing loss)					SPECIAL INVESTIGATIONS					
	250	500	1000	2000	3000	4000	6000	Date performed	Result	Next due
Right								1. Resting ECG		
Left								2. Stress-ECG		
ANY OTHER TESTS PERFORMED Type and result					3. Lung function test					
					4. Lipogram					
					5. Chest X-ray					
CVD RISK FACTOR ASSESSMENT					SUMMARY OF FINDINGS					
Item	Y	N	Item	Y	N	Significant history:				
(+) Family history			Obesity							
Age and gender			Hypertension							
Smoking			High cholesterol			Abnormal findings:				
Exercise			Diabetes							
Comments										
								Additional reports required:		

AVIATION MEDICAL EXAMINER ASSESSMENT AND DECLARATION

I hereby certify that I have personally reviewed the medical history and personally examined the applicant named in this report. This report and attachments embody my findings completely and correctly.

Recommendation	Dates	Restrictions/comments
Fit	From	
Temporary unfit		
Class	To	
Licence type		

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SIGNATURE OF EXAMINER	NAME IN BLOCK LETTERS	DATE
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EXAMINER'S CODE	
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EXAMINER'S TELEPHONE NUMBER	
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EXAMINER'S ADDRESS	
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FOR OFFICE USE ONLY

This certifies that the applicant is	
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Recommendation	Dates	Restrictions/comments
Fit	From	
Temporary unfit		
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